"Trauma-Informed Leadership for Higher Education" – Poll Results June 8, 2021

Slide 10

#1. In the last year, I have experienced... (Select all that apply.) (Multiple Choice)

Increased fight/flight responses to normal workplace conflict	42%
Increased absenteeism	13%
Decreased ability to focus or concentrate on the job (Presenteeism)	75%
Personal role responsibilities intruding on job responsibilities	55%
None of the above	9%



Slide 14

#1. My colleagues and/or the people I lead talk to me about personal issues that are impacting their work. (Single Choice)

Frequently	34%
Sometimes	60%
Never	5%

Slide 29

#1. In my workplace... (Single Choice)

people share their personal struggles with each other.	39%
people ask each other for help and support,	16%
people are familiar with benefits and resources that can help them with personal issues.	45%

2



Slide 36

#1. Which items from the healthy mind platter could you spend 15-30 minutes on sometime this week? (Single Choice)

Sleep time	12%
Physical time	32%
Focus time	12%
Time in	4%
Down time	14%
Play time	15%
Connecting time	11%

3