Resources

**Webinar Material**

- [Presentation Slides](#)
- [Presenter Bios](#)
- [Webinar Site](#)

**CUPA-HR Knowledge Center Toolkits**

Health and Well-Being:

- [Health and Well-Being](#)
- [Mental Health](#)

**CUPA-HR Magazine Articles and Blog Posts**

- [Suicide Prevention and Awareness: Four Ways HR Can Lead the Conversation](#)
- [A Comprehensive Look Into the Well-Being of Higher Ed Employees](#)