A Survival Guide to the Higher Ed Workforce

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Tuesday, February 7, 2023  1:00 p.m. ET

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• **The CUPA-HR Health and Well-being Toolkit** is an excellent, comprehensive site providing a broad array of resources and links: [https://www.cupahr.org/knowledge-center/toolkits/wellness-programs/](https://www.cupahr.org/knowledge-center/toolkits/wellness-programs/)
  - Key Resources
  - Programs and Examples
  - Forms and Templates
  - Additional Resources

• **The CUPA-HR Mental Health Toolkit** is an excellent, comprehensive site providing a broad array of resources and links (pandemic-related and non-pandemic-related) targeted toward HR professionals: [https://www.cupahr.org/knowledge-center/toolkits/mental-health/](https://www.cupahr.org/knowledge-center/toolkits/mental-health/)
  - Key Resources
  - Resources for HR Professionals
  - Training and Communication
  - Examples from Higher Ed
  - Related Toolkits
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• The CUPA-HR Organizational Culture & Climate Toolkit is a comprehensive site with a broad array of resources: https://www.cupahr.org/knowledge-center/toolkits/organizational-culture/
  • Key Resources
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