"Meeting the Needs of Higher Education Through Trauma-Informed Leadership" – Poll Results May 12, 2022

| Which of these trauma-exposure responses have you noticed in yourself or others since the onset of COVID-19? (Select any that apply) (Multiple Choice) | |
|--|-----|
| 100% answered | |
| Fear, Guilt, Anger, or Hopelessness | 58% |
| Diminished Creativity | 49% |
| Dualistic (Black & White) Thinking | 17% |
| Chronic Exhaustion | 72% |
| Hypervigilance | 31% |
| Feeling Less Empathetic | 41% |
| Minimizing | 21% |
| Avoidance | 51% |
| Withdraw | 57% |
| Short-temperedness & Irritability | 63% |

| 1. To what degree do you feel psychologically or emotionally safe a work? (Single Choice) | t |
|---|-----|
| 100% answered | |
| Strongly agree | 17% |
| | |
| Agree | 48% |
| | |
| Neutral | 19% |
| | |
| Disagree | 13% |
| | |
| Strongly disagree | 3% |
| | |



Pulse of the Leadership

#1. Which best characterizes your leadership's post-pandemic approach to a return to work for faculty and staff this fall? (Single Choice)

a) We have a "back-to-normal" approach, where we are striving to return everyone to work as they were pre-pandemic (i.e., those who were working on campus will return to working on campus).

b) Our approach is something in between these but closer to "a". 30%

c) Our approach is something in between these but closer to "d". 16%

d) We are using this as an opportunity to rethink our work practices (i.e., some faculty/staff will continue to work from home or enjoy a hybrid work environment).
27%

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