

Presenter bio for

From Resistance to Retention: Addressing Hidden Grief and Burnout in Change



Presenter: Dr. Mira Brancu is a clinical psychologist, executive coach, and founder of Towerscope® who helps higher education, healthcare, and other high-pressure, expert-driven organizations navigate disruption and change. A former federal healthcare research executive, she is a Duke University faculty member, an APA Fellow, author of *The Millennials Guide to Workplace Politics*, and host of the award-winning, top-5% podcast, *The Hard Skills*.